

FIRST AID AND FIRE SAFETY

IMMEDIATE AND PROPER EXAMINATION AND TREATMENT OF INJURIES MAY SAVE LIFE – AND IS ESSENTIAL TO REDUCE PAIN AND HELP INJURED PEOPLE MAKE A QUICK RECOVERY. NEGLIGENCE OR INEFFICIENT TREATMENT OF AN APPARENTLY TRIVIAL INJURY MAY LEAD TO INFECTION AND ILL HEALTH. ALL BUSINESSES MUST CARRY OUT AN ASSESSMENT OF THEIR FIRST-AID REQUIREMENTS BY REVIEWING THE RISKS AT WORK AND HAVE AN APPROPRIATE LEVEL OF FIRST AID TREATMENT AVAILABLE.

(See Guidelines on First Aid at Places of Work – Regulations 2007 S.I. No. 299 of 2007)

FIRST AID INFORMATION FOR ALL FIRMS

Appoint – someone to take charge in an emergency, to call an ambulance and to look after the first aid equipment. At least one ‘appointed person’ must be available at all times when people are at work.

Provide – and keep clean – a first aid box containing only first aid material. The box should contain guidance on the treatment of injured people – in particular how to keep someone alive by artificial respiration, how to control bleeding and how to deal with an unconscious patient. Keep the box near washing facilities.

Display – notices giving the locations of first aid equipment and the name and location of the appointed person or first aider. In some cases where there are special hazards, you may need a first aid room, a qualified first aider or someone with specialist first aid training. As your company grows, reassess your need for qualified first aiders. First aiders must have training appropriate to the hazards of the workplace. A trained first aider is issued with a certificate which is valid for two years only – after that a refresher course and re-examination is necessary. Organisations carrying out the training of first aiders must be registered through the HSA.

In all firms it makes sense to have someone who knows the basics of first aid e.g. resuscitation, control of bleeding, and treatment of an unconscious patient. All injuries and near misses should be recorded. Some injuries, diseases and dangerous occurrences must also be reported to the HSA.



FIRST AID KIT CONTENTS CHART

(SEE NEXT PAGE)

CATERS FOR (PERSONS)	1 Small Kit	1-5 Medium Kit	6-25 Large Kit	26-50 X-Large Kit	26-50 Wall Mounting	50+ Metal Cabinet	6-25 Caterers Kit	26-50 Caterers Kit	50+ Caterers Kit
Waterproof Plasters	20	20	40	60	60	200	-	-	-
Non-Woven Triangular Bandages	1	2	6	6	6	10	6	6	10
Pack of 12 Pins	1	1	1	1	1	1	1	1	1
Large Dressing	1	1	2	4	4	8	2	4	8
Antiseptic Wipes	10	10	10	10	10	50	10	10	50
Tuff Cut Shears	1	1	1	1	1	1	1	1	1
Pair of Latex Gloves	1	1	2	2	2	6	2	2	6
20ml Eye Wash Pod	1	1	2	2	2	4	2	2	4
Revive Aid	1	1	1	1	1	1	1	1	1
1.25cm Micro Pore Tape	-	1	1	1	1	1	1	1	1
3.5ml Burn Gel	1	1	1	1	-	-	-	-	-
125ml Burn Gel	-	-	-	-	-	1	1	1	1
Instant Cold Pack	-	-	-	-	1	-	-	-	1
Medium Dressing	-	1	6	8	12	12	6	8	12
Eye Pad	-	-	2	4	4	6	2	4	6
Ex-Large Dressing	-	-	-	3	4	4	3	4	4
Blue Detectable Plasters	-	-	-	-	-	-	40	60	200

Customised Kits available on request.

FIRST AID KITS



FIRST AID KIT TRAVEL PLUS: SMALL

FAKS

Kit comes in a plastic case with carrying handle. Contents suitable for usage in an area covered by 1 person. See table for contents list on previous page (kit contents exceed HSA requirements). Contents are also available in a pouch or bum bag by special order.

Sizes
Small



FIRST AID KIT PLUS: MEDIUM

FAKM

Kit comes in a plastic case with carrying handle. Contents suitable for usage by 1 - 5 people. See table for contents list on previous page (kit contents exceed HSA requirements). A cabinet or satchel container are also available by special order.

Sizes
Medium



FIRST AID KIT PLUS: LARGE

FAKL

Kit comes in a plastic case with carrying handle. Contents suitable for usage by 6 - 25 people. See table for contents list on previous page (kit contents exceed HSA requirements). A cabinet is also available as an alternative container by special order.

Sizes
Large



FIRST AID KIT PLUS: X-LARGE

FAKXL

Kit comes in a plastic case with carrying handle. Contents suitable for usage by 26 - 50 people. See table for contents list on previous page (kit contents exceed HSA requirements). A cabinet is also available as an alternative container by special order.

Sizes
XL



METAL FIRST AID CABINET: WALL MOUNTABLE

FAKMWM

Kit comes in a metal cabinet with internal dividers and a wall bracket. Contents suitable for usage in an area covered by 26-50 persons. See table for contents list on previous page (kit contents exceed HSA requirements). Cabinet is lockable and comes with two keys.

Sizes
**XL/Metal
Wall-
Mountable**

FIRST AID PLUS REFILL KITS

Also available for each kit are the full contents as refill packs.

FIRST AID KIT TRAVEL PLUS: SMALL

FAKSR

FIRST AID KIT PLUS:MEDIUM

FAKMR

FIRST AID KIT PLUS:LARGE

FAKLR

FIRST AID KIT PLUS: WALL MOUNTING (XL)

FAKSANR

WORKPLACE METAL FIRST AID CABINET (X-LARGE/ METAL WALL-MOUNTING)

FAKMWMR



EMERGENCY EYE WASH

EYEWASH STATION

FAEWS

Wall mounting eye wash station which comes with two 500ml eye wash bottles and two eye dressings.



STERILE EYE WASH

Contaminants getting into people's eyes are a common occurrence in the workplace. Different options are available in terms of emergency eye wash.

FAEW20 Sterile eye wash solution 20ml. 25 pods per box

FAEW500 Sterile eye wash solution 500ml bottle.





BURNS EMERGENCY

EMERGENCY BURN KIT 2

FABKS2

This kit contains a selection of burn dressings and gel along with bandages and shears. Kits are available in smaller and larger sizes. (Contents: 1 x Burnshield Gel 125ml, 10 x Burnshield Gel 3.5ml, 4 x Burnshield Dressings 10 x 10cm, 1 x Burnshield Dressing 20 x 20cm, 4 x Conforming Bandage, 4 pairs Latex Gloves, 1 x Tuff Cut Shears).

BURNSHIELD GEL & DRESSINGS

GEL Burnshield Gel 125ml
FAWJCG118

SACHETS (PACK 6) T202 Cool Gel Sachets 3.5g (Pack 6)
FAWJCJS

DRESSING 10 X 10 Water gel dressing 10 x 10cm
FAWGD203

DRESSING 20 X 20 Water gel dressing 20 x 20cm
FAWGD204

INSECT REPELLENT

INSECT REPELLENT SPRAY

FATFIR

Tropical formula Insect Repellent body spray

FIRST AID ACCESSORIES

INSTANT ICE PACK

FAIIP

Disposable Instant Ice Pack

FIRST AID PLASTERS

FAWP100 Assorted washproof plasters, 100 per box

FAAP100 Washproof Anchor plasters, 100 per box

FABDP120 Blue Detectable plasters, 120 per box

FIRST AID ACCESSORIES

FIRST AID ANTI-SEPTIC WIPES

FAAW100

Antiseptic Wipes, 100 per box



FIRST AID DRESSINGS

FACTB Calico Triangular Bandage, 90 x 134cm

FAFDN7 Finger Dressing No. 7



STERILE WOUND DRESSINGS

FA7SD Sterile Wound Dressing No. 7 **Small**

FA8SD Sterile Wound Dressing No. 8 **Medium**

FA9SD Sterile Wound Dressing No. 9 **Large**

FA10SD Sterile Wound Dressing No. 3 **XL**



STERILE EYE PAD DRESSING

FAN016EP

184 Sterile Eye Pad Dressing



TUFF CUT PARAMEDIC SHEARS

FAPS

Paramedic Shears



POCKET FACE MASK

FAPFM

Cost effective resuscitation guard. One way valve with membrane to prevent cross infection. Replacement valves available. Supplied in a hard compact case.





FIRE EXTINGUISHERS

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All fire extinguishers conform to EN3. A full range of fire extinguishers are provided for the multiple purposes and environments in which they may be needed. Each fire extinguisher is marked individually in accordance with its class and form. Please see the selection chart to choose the fire extinguisher you require.

SSFEF2L	Foam 2 litre AFFF	2 Litre	PED CE 0409 EN3
SSFEF6L	Foam 6 litre AFFF	6 Litre	PED CE 0409 EN3
SSFEF9L	Foam 9 litre AFFF	9 Litre	PED CE 0409 EN3
SSFEDP1KG	1 KG Dry Powder	1KG	PED CE 0409 EN3
SSFEDP2KG	2 KG Dry Powder	2KG	PED CE 0409 EN3
SSFEDP3KG	3 KG Dry Powder	3KG	PED CE 0409 EN3
SSFEDP4KG	4 KG Dry Powder	4KG	PED CE 0409 EN3
SSFEDP6KG	6 KG Dry Powder	6KG	PED CE 0409 EN3
SSFEDP9KG	9 KG Dry Powder	9KG	PED CE 0409 EN3
SSFEC02A2KG	2 KG C02 Alloy	2KG	PED CE 0086 EN3
SSFEC02A5KG	5 KG C02 Alloy	5KG	PED CE 0086 EN3

FIRE EXTINGUISHERS SELECTION CHART

CLASS A:		Paper, wood & textiles etc	
FOAM	YES	WATER	YES
C02 GAS	NO	ABC DRY POWDER	YES
CLASS B:		Flammable Liquids eg. petrol, oils, paints etc (not suitable for molten metal)	
FOAM	YES	WATER	NO
C02 GAS	YES	ABC DRY POWDER	YES
CLASS C:		Flammable Hazard	
FOAM	NO	WATER	NO
C02 GAS	YES	ABC DRY POWDER	YES
		Electrical Hazard	
FOAM	NO	WATER	NO
C02 GAS	YES	ABC DRY POWDER	YES
		Vehicle Protection	
FOAM	YES	WATER	YES
C02 GAS	YES	ABC DRY POWDER	YES

SHARPS CONTAINERS

SHARPS CONTAINERS

Hard moulded plastic containers with secure lid sealing. Used to hold sharps and syringe products for disposal.

FASC 0.6	Sharps Bin 0.6 Litre
FASC2	Sharps Bin 2 Litre
FASC4	Sharps Bin 4 Litre
FASC24	Sharps Bin 24 Litre



FIRE BLANKETS

FIRE BLANKETS

Fire blankets are packed in a hard plastic carry case and are provided in three different sizes to suit any potential hazard environment.

SSFB1010	Fire Blanket 1.0M X 1.0M
SSFB1212	Fire Blanket 1.2M X 1.2M
SSFB1.8X1.8	Fire Blanket 1.8M X 1.8M



SMOKE DETECTORS

SMOKE DETECTORS

SSSSD	Smoke Detector (9v battery sold separately)
SSCMD	Carbon monoxide detector (9v battery sold separately)

